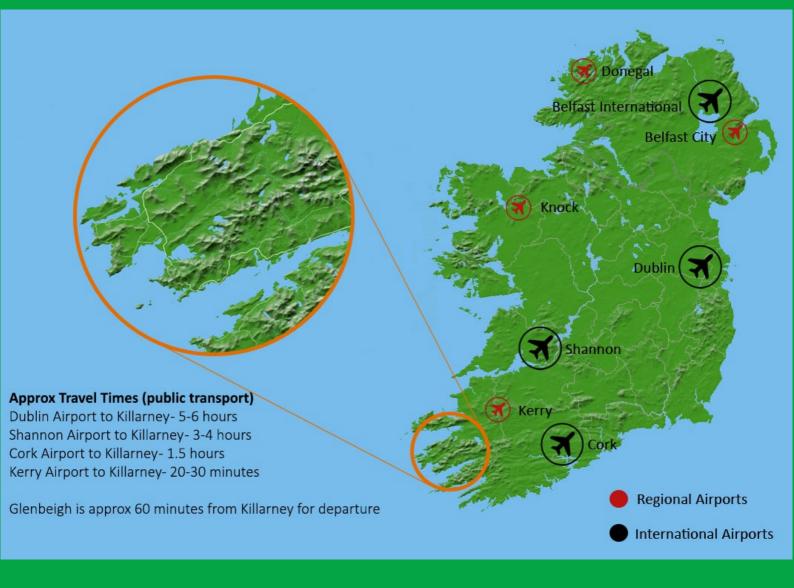
Your Adventure Detailed Itinerary

the Bike

The Kerry Way

Considered one of the finest drives in the world, it is magical on foot, from rugged cliffs to golden beaches, small villages, green pastures, peat bogs and always picturesque mountain ranges. You will see the "real" Ireland, away from crowds and only the sounds of nature to accompany you.

This area was first settled around 300 BC by the people of Ciar – an early Celtic Tribe, and your holiday will immerse you in almost 10,000 years of dramatic history.



Ireland Walk Hike Bike

For 25 years Ireland Walk Hike Bike (IWHB) has been welcoming guests to Ireland. The realisation of a dream for company founder Linda Woods who sought to show people the "real Ireland" rather than the traditional tourism template! These ideals continue today, showing you Ireland the way we believe it should be seen: slowly, intimately and knowledgeably. Our terrific office personnel and great guides all share the same philosophy – "to take people into those hidden parts of Ireland that few know about and give people a real "taste and flavour" of Ireland the way we know and love it".

With today's fast pace of life & the lack of "downtime", we at IWHB take great pride in the trust our guests show in us to create great experiences for you. All of us in IWHB are committed to ensuring our fascination for Ireland, its' history, culture, diversity & humour, is part of your holiday. Ireland enjoys a relaxing pace of life; beautiful and varied scenery, with the sea never far from sight & a great selection of music at night. While in Ireland, we ask you to PLEASE take your time as you discover small sections of Ireland, for if you rush, the charm of the country and the people will pass you by. The best made plans will always change in Ireland, and your adaptability to enjoy chance encounters with friendly locals, incredible characters and the odd charismatic sheep is what will make your holiday a truly memorable experience!!



Itinerary at a Glance

Day Activity

- Arrive to Killarney 1
- 2 Killarney to Black Valley Hike
- Black Valley to Glencar
- 3 4 5 Glencar to Glenbeigh
- Glenbeigh to Cahersiveen Hike
- 6 Cahersiveen to Waterville Hike
- 7 Waterville to Caherdaniel Hike
- 8 Caherdaniel to Sneem Hike
- 9 Sneem to Kenmare Hike
- 10 Kenmare to Killarney Hike
- 11 **Depart Killarney**

Overnight

Killarney **Black Valley** Glencar Glenbeigh Cahersiveen Waterville Caherdaniel Sneem Kenmare Killarney

Day 1 Arrive to Killarney

Arrive in Killarney – the popular town renowned for its three magnificent lakes in the heart of Kerry. On arrival at your guesthouse, your host can suggest some of the many local restaurants or pubs for food and possibly music.

Day 2 Killarney to the Black Valley

You will start your walk from your accommodation, making your way to the magnificent Muckross House & Gardens – about 5kms outside Killarney. From here you will walk across Killarney National Park & through Esknamucky Glen, passing Torc Waterfall, to reach what used to be a "Mass Path" to Derrycunnihy Church.

You descend via Lord Brandon's cottage into the heart of the Black Valley. ... known locally as An Com Dubh. Your second overnight is here.

Terrain: Mountain tracks and green roads. Can be wet underfoot – boots essential.

Walk Details: Approx. Distance – 21.40km Height gain - 492m Height loss - 487m Max Height - 289m.

Welcome to the Black Valley

Day 3 Black Valley to Glencar

From the Black Valley you follow a route overlooking a lake, then ascend to cross over a "saddle" into the Bridia Valley. You then ascend another wonderful saddle, once used for driving animals to markets, as you enjoy a spectacular walk among the foothills of the MacGillycuddy's Reeks, Ireland's highest mountain range. You then follow along by the shores of Lough Acosse to the tiny hamlet of Glencar. Third overnight is here in Glencar.

Terrain: Road walking, grass and gravel tracks, open mountain and bogland, can be wet underfoot. Boots essential.

Walk Details: Approx. Distance – 17.50km Height gain - 821m Height loss - 693m Max Height - 383m

Day 4 Glencar to Glenbeigh

A fantastic walk today which can be extended if you wish, taking you over the beautiful Blackstone's Bridge ... along the Caragh River and Valley, following around Seefin Mountain and descending down into the picturesque Glenbeigh. The views across Castlemaine Harbour and out west to Dingle Bay have to be seen to be appreciated. Glenbeigh, once a thriving Stage Coach stop is a village with immense character. Rossbeigh Beach, 2km further west is worth a visit. This beach is a long spit of sand, beach and dunes. Accredited with the Blue Flag status the beach is an excellent amenity for a variety of watersports.

Terrain: Road walking, mountain rocky tracks, grass tracks and forest paths. Boots essential.

Walk Details: Approx. Distance – 21.30km Height gain – 633m Height loss – 760m Max Height – 339 m

Day 5 Glenbeigh to Cahersiveen

Today's walk takes you from just outside the town of Glenbeigh, along the northern shores of the peninsula, to the town of Cahersiveen. This walk follows an old 19th Century "Stage Coach" route and gives spectacular views across to the Dingle Peninsula. You will pass through old deserted villages which were once busy centres of activity, trading with passengers on the old stage coaches. Overnight in Cahersiveen.

Terrain: Grass mountain tracks with some rocky sections. Gravel tracks and some road walking. Boots essential.

Walk Details: Approx. Distance – 24km Height gain - 555m Height loss - 643m Max Height - 367m

Day 6 Cahersiveen to Waterville

From Cahersiveen, you will once again be driven a short distance to the starting point of today's walk at Coars Cross. From here you will be walking to the town of Waterville. This walk takes you across the tip of the peninsula with views north over the Dingle Peninsula and west across the Atlantic Ocean. Overnight in Waterville.

Terrain: Grass mountain tracks with some rocky sections. Gravel tracks and some road walking. Boots essential.

Walk Details: Approx. Distance – 18km Height gain – 653m Height loss – 789m Max Height – 396m

Day 7 Waterville to Caherdaniel

Continuing from the town of Waterville, you walk around and above the coast to reach the village of Caherdaniel. Glorious coastal views out towards the Skellig Islands and Ballinskelligs Bay await along the route. Overnight in Caherdaniel.

Terrain: Rocky and grass tracks, mountain tracks and bogland and some road walking. Boots essential.

Walk Details: Approx. Distance – 14.5km Height gain – 336m Height loss – 304m Max Height – 246m

Day 8 Caherdaniel to Sneem

Continue walking from the village of Caherdaniel, following an old 'butter road' to the village of Sneem. The views across the Beara Peninsula and out to the Atlantic Ocean are fantastic. Overnight in Sneem.

Terrain: Country lanes, grass tracks, Rocky Mountains and some road walking. Boots essential.

Walk Details: Approx. Distance – 17.40km Height gain – 533m Height loss – 547m Max Height – 226m

Day 9 Sneem to Kenmare

This morning you will be transferred to Tahilla Church, just outside the town of Sneem to walk to the renowned town of Kenmare. This walk takes you along the shores of Kenmare Bay, with views across to the Beara Peninsula and the Caha Mountains. Overnight in Kenmare.

Terrain: Forest tracks, some road walking, mountain tracks and country lanes. Boots essential.

Walk Details: Approx. Distance – 27.3km Height gain – 733m Height loss – 734m Max Height – 213m

Day 10 Kenmare to Killarney

You will start your walk from your accommodation, through Esknamucky Glen and Killarney National Park to arrive at the magnificent Muckross House & Gardens – about 5kms outside Killarney. After spending some time exploring the House and Gardens at Muckross you will make your way to Killarney for your overnight This is a glorious walk, giving you an opportunity to see or hear some of Ireland's native red deer as you walk through the National Park.

Terrain: Mountain tracks, board walks and green roads. Can be wet underfoot – boots essential.

Walk Details: Approx. Distance – 25.0km Height gain – 853m Height loss – 823m Max Height – 351 m

Day 11 Depart Killarney

After one final breakfast you bid Kerry farewell and start your onward journey.

From Killarney, connections by bus and train are frequent to Cork, Limerick, Shannon or Dublin.

Private transfers can be booked by request.

Elevation Graphs Please see below daily elevation graphs for your selected tour

<u>300m</u>		
<u>100m</u>		
0km	10km	21km
Killarney	to Black Valley Max Elev: 303m Elev Gain: 535m Elev Loss: 537m	
<u>300m</u>		
<u>100m</u>		
0km		17km
BIACK VA	lley to Glencar Max Elev: 383m Elev Gain: 821m Elev Loss: 693m	
<u>300m</u>		
SUMP.		
0km	10km	21km
Giericari	to Glenbeigh Max Elev: 339m Elev Gain: 633m Elev Loss: 760m	
<u>300m</u>		
<u>100m</u>		
0km	12km	24km
Gienbeig	h to Cahersiveen Max Elev: 367m Elev Gain: 555m Elev Loss: 643m	
<u>300m</u>		
100m		
^{0km} Cahersiv	reen to Waterville Max Elev: 396m Elev Gain: 653m Elev Loss: 789m	30km
200m		
<u>100m</u>		
0km	Zkm	14km
Watervill	e to Caherdaniel Max Elev: 246m Elev Gain: 336m Elev Loss: 246m	
<u>200m</u>		
<u>100</u> r		
0km	8km	17km
Caherda	niel to Sneem Max Elev: 226m Elev Gain: 533m Elev Loss: 547m	
<u>200m</u>		
100m		
0km	14km	27km
sheem to	o Kenmare Max Elev: 213m Elev Gain: 733m Elev Loss: 734m	
<u>300m</u>		
<u>100m</u>		
		~~~~~
Kenmare	to Killarney   Max Elev: 351m   Elev Gain: 853m   Elev Loss: 823m	25km

# What's included



Stay in en-suite room at our hand-picked accommodations



Complimentary access to our app, tailormade for your tour, containing all your documents, GPS navigation & points of interest



Delicious Breakfast each morning.



24 hour, emergency telephone support



Move your luggage as per itinerary



Detailed, easy to read, Route Notes with marked maps of each route



Extra days/ nights booking on request



Dedicated, in house, Holiday Specialist to assist with planning any additional activities, travel, airport transfers, etc.

# Testimonials



#### Mathilda, Netherlands, 2022

The people of Ireland Walk Hike Bike were extremely helpful - as much before the trip (re-arranging the schedule because of corona) as during the trip. The literally catered to all our needs. The information we got was very complete, we stayed in nice B&B's and we could always contact Francis if we had a question or a problem. I highly recommend Ireland Walk Hike Bike to anyone who wants to go to Ireland.

#### David, USA, 2022

We just returned from our guided tour of the Burren, Aran islands and Connemara and it was truly a wonderful experience! The communication and help from Niamh was fantastic, and our guide, Joe O'Donnell was outstanding! Very knowledgeable, and just a good person that we were lucky to get to know. All of the accommodations were also great. This was a two year wait for us due to Covid cancellations and restrictions and everyone at Ireland Walk Hike and Bike were great to work with. Highly recommend using their services if you wish for the best.

#### Dale, USA, 2022

My wife and I worked exclusively with the team at IrelandWalkHikeBike to arrange a 3-week private tour of Ireland's West Coast this past May, 2022. We actually had to defer the trip twice due to Covid issues and this outfit was amazingly proactive and accommodating through all of the delays. My wife and I had just turned 70 at the outset of the trip and so we wanted to include all of the transportation as I did not want to undertake driving on the "other" side of the road. In addition to all the transfers IWHB arranged all or of our hotels, ferry tickets, and e-bike rentals and provided detailed maps and instructions for all of the hikes and bike circuits. Our trip played out seamlessly, with no glitches or problems and the hotel arrangements were terrific throughout. We visited four islands and each one was a unique adventure. The hikes in Connemara were beautiful and the biking around the Dingle peninsula, Clifden and Westport fantastic. Our drivers were super friendly and knowledgeable. Considering all of this, we thought the cost of the trip was eminently reasonable. Highly recommended!

#### Russ, UK, 2021

My wife, daughter, her partner and myself have recently returned home after a 7-day self-guided walk of the Dingle Way organised by Ireland Walk Hike and Bike. It was the most fabulous holiday being everything we expected and so much more.

The walking itself was the heart of the holiday. Every day was different. On a daily basis the scenery memorable. Fortunately, we have hundreds of photos to remind ourselves.

We have resolved to go back the west coast of Ireland and already Dean has made a couple of suggestions. Whatever walk we chose to do, it will be organised by Ireland Walk Hike and Bike.

#### Your Adventure Detailed Itinerary

Our full terms and conditions can be found at <a href="http://www.irelandwalkhikebike.com/terms-conditions/">www.irelandwalkhikebike.com/terms-conditions/</a>

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