

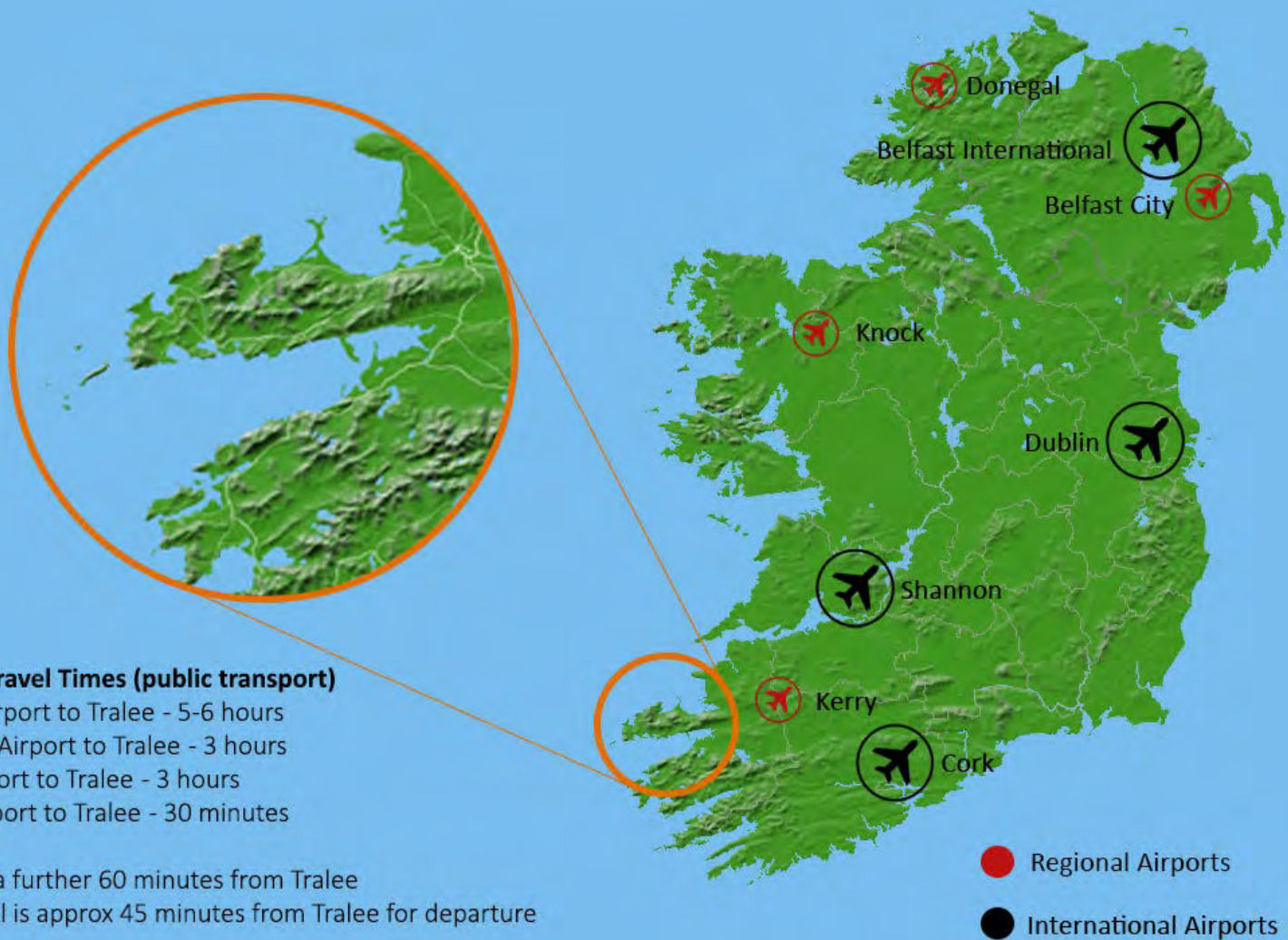


**Your Adventure
Detailed Itinerary**

The Dingle Way

The Dingle Way Long Distance Hiking Trail is approx. 180kms in total taking you around one of the most magnificent peninsulas in Ireland. Because of its remote location – and lack of specialised agriculture – it is steeped in ancient Irish history and spectacularly shaped by the ravages of the Atlantic Ocean.

This holiday shows you some of the highlights of the Dingle Peninsula as you hike from Tralee town as far west as land will take you to Dunquin. We invite you to lose yourself in this magnificent landscape and make memories that will last a lifetime.



Ireland Walk Hike Bike

For 25 years Ireland Walk Hike Bike (IWHB) has been welcoming guests to Ireland. The realisation of a dream for company founder Linda Woods who sought to show people the "real Ireland" rather than the traditional tourism template! These ideals continue today, showing you Ireland the way we believe it should be seen: slowly, intimately and knowledgeably. Our terrific office personnel and great guides all share the same philosophy – "to take people into those hidden parts of Ireland that few know about and give people a real "taste and flavour" of Ireland the way we know and love it".

With today's fast pace of life & the lack of "downtime", we at IWHB take great pride in the trust our guests show in us to create great experiences for you. All of us in IWHB are committed to ensuring our fascination for Ireland, its' history, culture, diversity & humour, is part of your holiday. Ireland enjoys a relaxing pace of life; beautiful and varied scenery, with the sea never far from sight & a great selection of music at night. While in Ireland, we ask you to PLEASE take your time as you discover small sections of Ireland, for if you rush, the charm of the country and the people will pass you by. The best made plans will always change in Ireland, and your adaptability to enjoy chance encounters with friendly locals, incredible characters and the odd charismatic sheep is what will make your holiday a truly memorable experience!!



Itinerary at a Glance

Day	Activity	Overnight
1	Arrive to Tralee	Tralee
2	Tralee to Camp Hike	Camp
3	Camp to Annascaul Hike	Annascaul
4	Annascaul to Dingle Hike	Dingle
5	Dingle to Dunquin Hike	Dingle
6	Droichead Bán to Cloghane Hike	Cloghane
7	Cloghane to Castlegregory Hike	Castlegregory
8	Depart Castlegregory	



Day 1

Arrive to Tralee

Arrive to Tralee – the administrative capital of County Kerry. On arrival to your first guesthouse, your host will be able to suggest some of the many local restaurants or pubs for food and possibly music.

Access for this holiday can be from Kerry, Dublin, Cork or Shannon Airports with bus and/or train connections available to Tralee all year round.



Day 2

Tralee to Camp

Leaving your guesthouse by taxi, you will be dropped to the start of your walk as you follow the Dingle Way Walking Route at the foothills of the Slieve Mish Mountains. Continue along this route which goes through a lovely old village before joining what was once an old road to Dingle. Passing a fascinating 12th century oratory, you then continue to "Lower Camp" where you can take a lift to your accommodation in the village of Camp.

Terrain: Rocky and muddy mountain and grass tracks. Can be wet underfoot - boots essential.

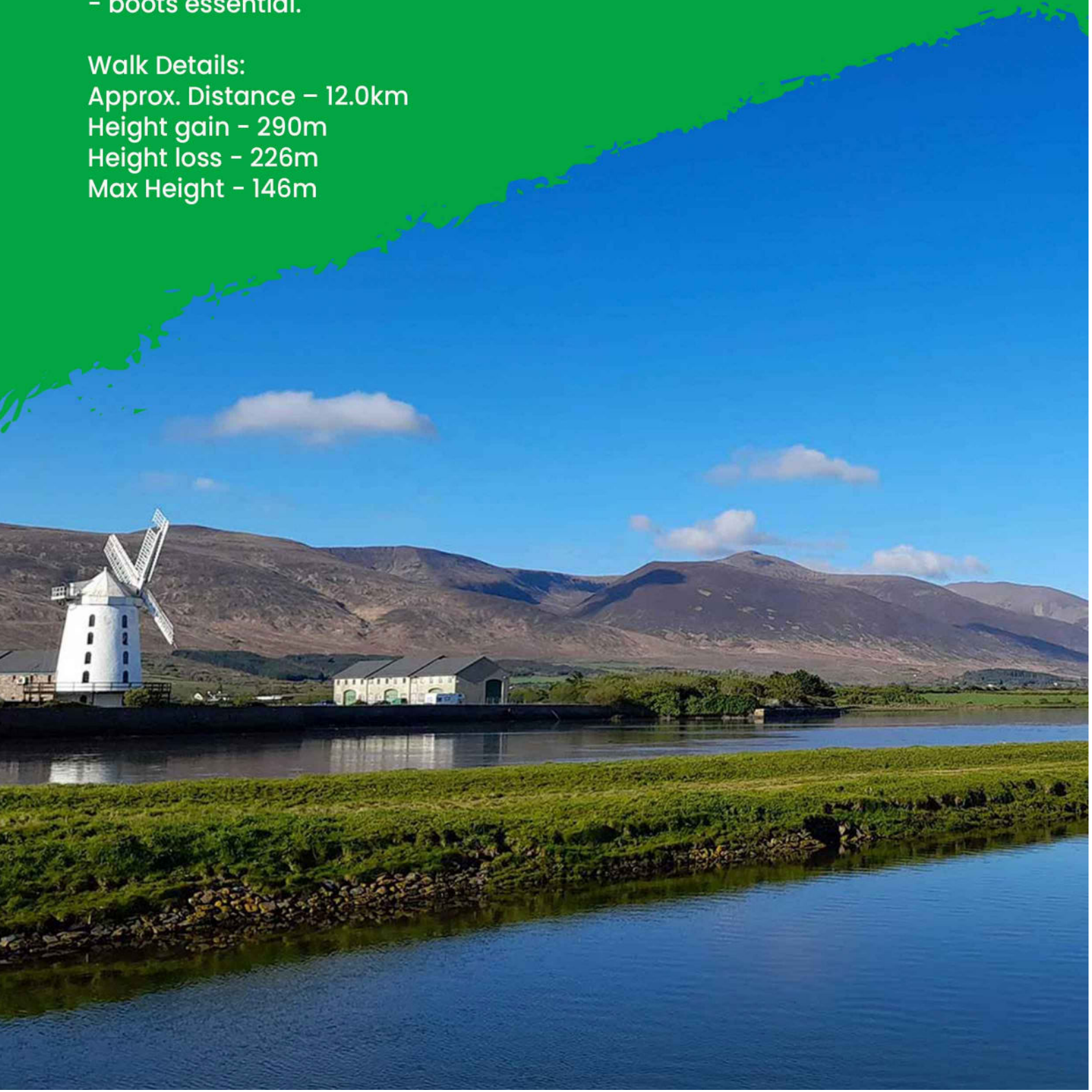
Walk Details:

Approx. Distance – 12.0km

Height gain – 290m

Height loss – 226m

Max Height – 146m



Day 3

Camp to Annascaul

You will be driven just outside the village of Camp where you will start your walk to the lively little village of Annascaul. This walk takes you through a fascinating area of bog where many people still come to cut their winter fuel. Crossing to the south side of the peninsula, you arrive at the magnificent Inch Beach, before continuing inland to Annascaul village for your overnight stop.

Terrain: Road walking on quiet back country roads, then onto grassy tracks and finishing on road. Boots recommended.

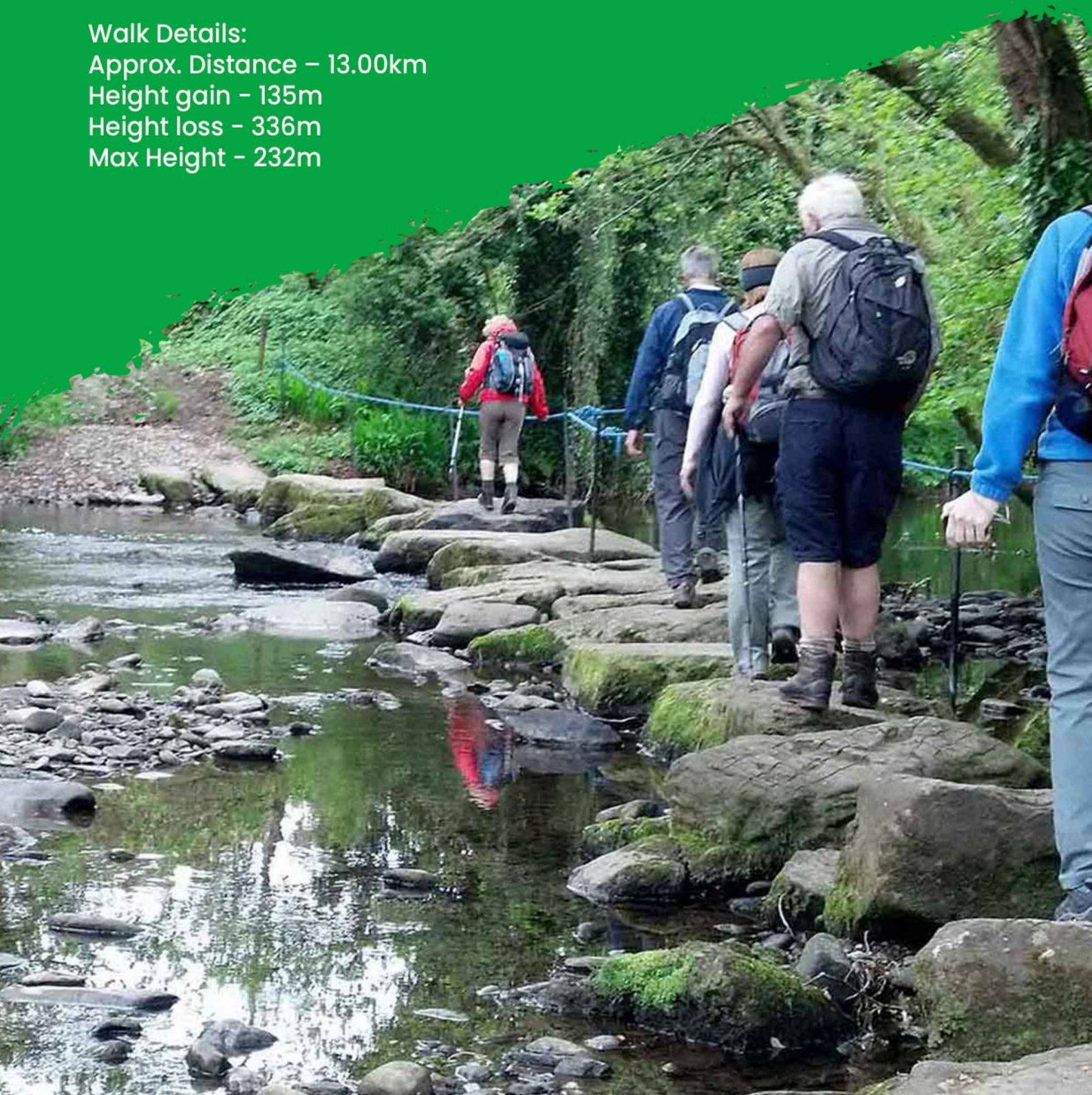
Walk Details:

Approx. Distance – 13.00km

Height gain – 135m

Height loss – 336m

Max Height – 232m



Day 4

Annascaul to Dingle

Leaving the village of Annascaul, you head for the town of Dingle. Your route today starts at the village of Lispole. It then takes old, narrow country lanes through Lisdargan and Ballingarraun before joining the old military road below the Connor Pass, and on into Dingle. Overnight in Dingle.

Terrain: Grass Country lanes, grass tracks and some road walking. Boots essential.

Walk Details:

Approx. Distance – 10.0km

Height gain – 236m

Height loss – 259m

Max Height – 150m



Day 5

Dingle to Dunquin

Your route today starts outside Dingle town, just beyond the glorious beach at Ventry Harbour. From here your walk takes you on a beautiful and very historic walk around Slea Head. This walk offers an opportunity to see 'beehive huts' at close quarters, and also a full view of the Blasket Islands. At the end of your walk you have the opportunity to visit the Blasket Interpretative Centre. You will need to arrange a suitable time for your taxi to collect you at the end of your walk & return you to Dingle for your overnight.

Terrain: Rocky and grass tracks, beach walking and some road walking. Boots essential.

Walk Details:

Approx. Distance – 10.70km

Height gain – 216m

Height loss – 182m

Max Height – 177m



Day 6

Droichead Bán to Cloghane

Transfer to Droichead Ban (White Bridge) and walk from here along an old military road to the eastern side of the Brandon massif, finishing in the village of Cloghane. This is a remote but spectacular walk – full of history and through country only accessible on foot. Overnight in Cloghane.

Terrain: Grass mountain tracks with some rocky & boggy sections. Gravel tracks and some road walking. Boots essential.

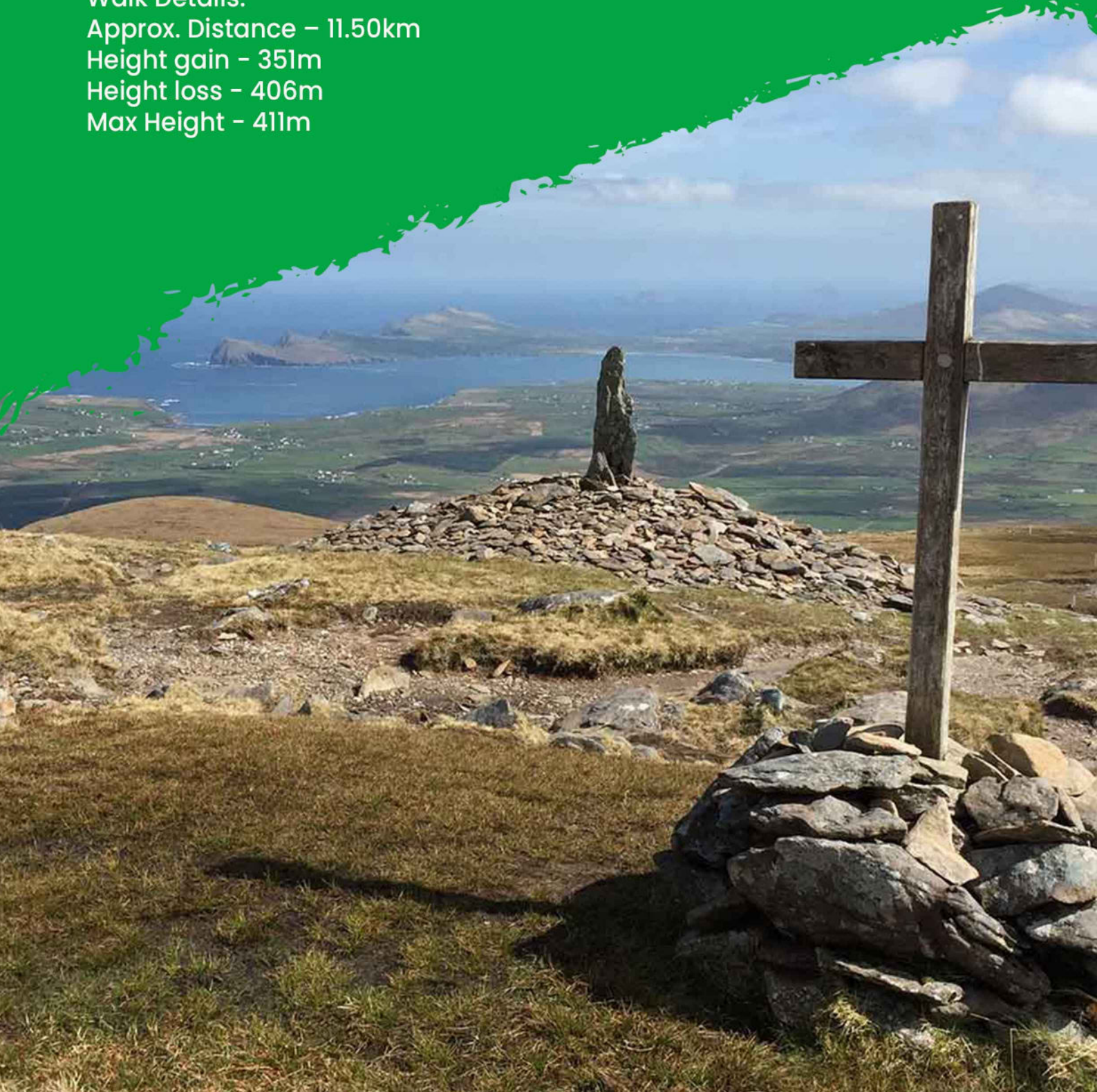
Walk Details:

Approx. Distance – 11.50km

Height gain – 351m

Height loss – 406m

Max Height – 411m



Day 7

Cloghane to Castlegregory

A wonderful walk along the Maharees Peninsula, starting at the tip of this peninsula, home to a small cluster of houses with one pub. From here you make your way south along the eastern coastline to the wonderful town of Castlegregory.

Terrain: Beach walking with some road walking. Boots recommended but not essential.

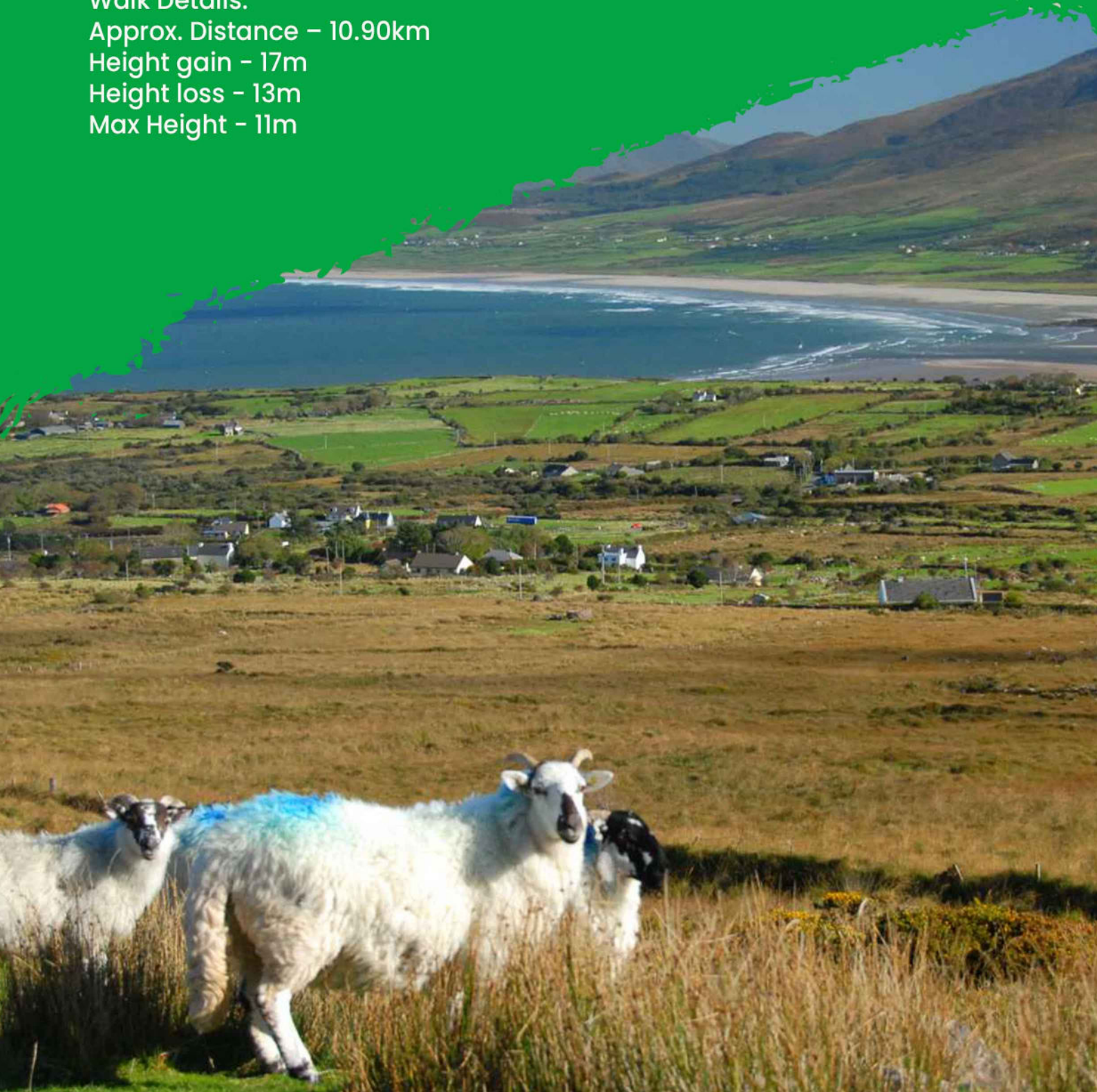
Walk Details:

Approx. Distance – 10.90km

Height gain – 17m

Height loss – 13m

Max Height – 11m



Day 8

Depart Castlegregory

After one final breakfast you bid the Dingle Peninsula farewell and start your onward journey.

You will be transferred back to Tralee where you can meet regular connections by bus and train to Cork, Limerick, Shannon or Dublin.

Further private transfers can be booked by request.



Elevation Graphs

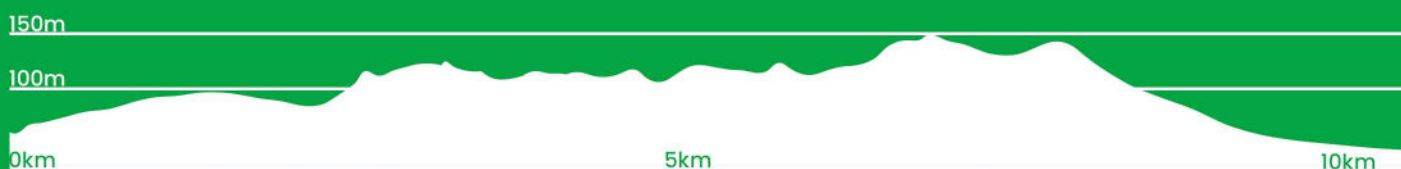
Please see below daily elevation graphs for your selected tour



Tralee to Camp | Max Elev: 146m | Elev Gain: 290m | Elev Loss: 226m



Camp to Annascaul | Max Elev: 232m | Elev Gain: 135m | Elev Loss: 336m



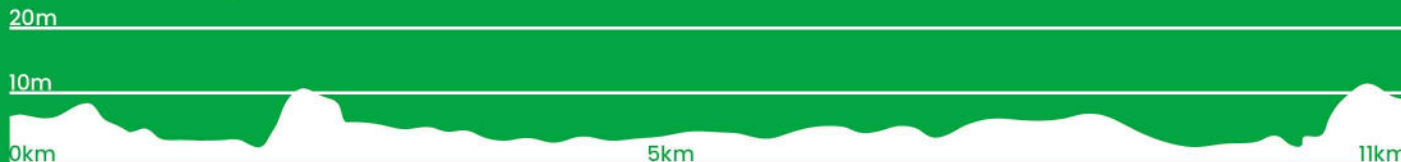
Annascaul to Dingle | Max Elev: 150m | Elev Gain: 117m | Elev Loss: 141m



Dingle to Dunquin | Max Elev: 177m | Elev Gain: 216m | Elev Loss: 182m



Cuas to Cloghane | Max Elev: 411m | Elev Gain: 351m | Elev Loss: 406m



Cloghane to Castlegregory | Max Elev: 11m | Elev Gain: 17m | Elev Loss: 13m

What's Included



Stay in en-suite room at our hand-picked accommodations



Complimentary access to our app, tailor-made for your tour, containing all your documents, GPS navigation & points of interest



Delicious Breakfast each morning.



24 hour, emergency telephone support



Move your luggage as per itinerary



Detailed, easy to read, Route Notes with marked maps of each route



Extra days/ nights booking on request



Dedicated, in house, Holiday Specialist to assist with planning any additional activities, travel, airport transfers, etc.

Testimonials



Mathilda, Netherlands, 2022

The people of Ireland Walk Hike Bike were extremely helpful – as much before the trip (re-arranging the schedule because of corona) as during the trip. They literally catered to all our needs. The information we got was very complete, we stayed in nice B&B's and we could always contact Francis if we had a question or a problem. I highly recommend Ireland Walk Hike Bike to anyone who wants to go to Ireland.

David, USA, 2022

We just returned from our guided tour of the Burren, Aran islands and Connemara and it was truly a wonderful experience! The communication and help from Niamh was fantastic, and our guide, Joe O'Donnell was outstanding! Very knowledgeable, and just a good person that we were lucky to get to know. All of the accommodations were also great. This was a two year wait for us due to Covid cancellations and restrictions and everyone at Ireland Walk Hike and Bike were great to work with. Highly recommend using their services if you wish for the best.

Dale, USA, 2022

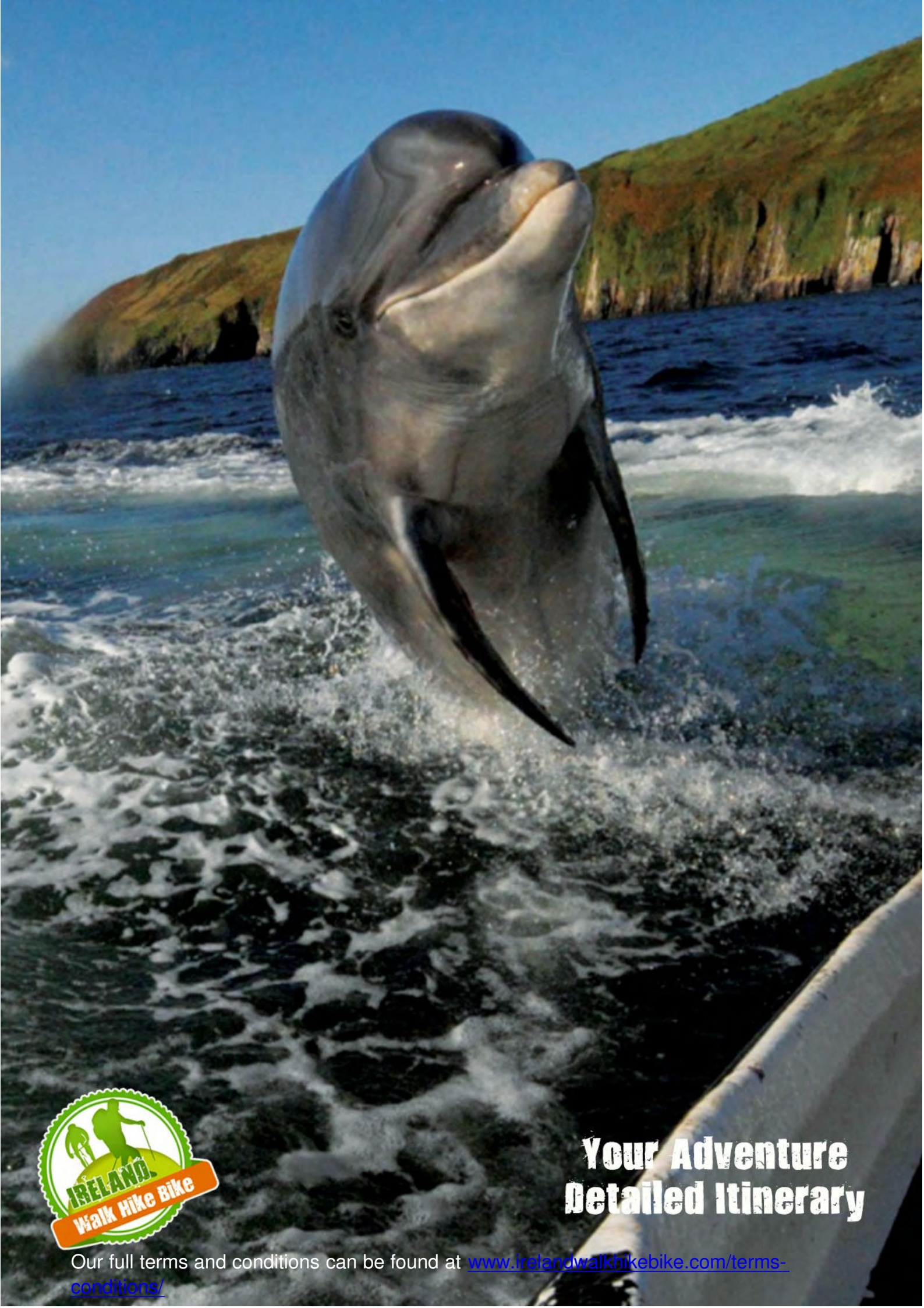
My wife and I worked exclusively with the team at IrelandWalkHikeBike to arrange a 3-week private tour of Ireland's West Coast this past May, 2022. We actually had to defer the trip twice due to Covid issues and this outfit was amazingly proactive and accommodating through all of the delays. My wife and I had just turned 70 at the outset of the trip and so we wanted to include all of the transportation as I did not want to undertake driving on the "other" side of the road. In addition to all the transfers IWHB arranged all of our hotels, ferry tickets, and e-bike rentals and provided detailed maps and instructions for all of the hikes and bike circuits. Our trip played out seamlessly, with no glitches or problems and the hotel arrangements were terrific throughout. We visited four islands and each one was a unique adventure. The hikes in Connemara were beautiful and the biking around the Dingle peninsula, Clifden and Westport fantastic. Our drivers were super friendly and knowledgeable. Considering all of this, we thought the cost of the trip was eminently reasonable. Highly recommended!

Russ, UK, 2021

My wife, daughter, her partner and myself have recently returned home after a 7-day self-guided walk of the Dingle Way organised by Ireland Walk Hike and Bike. It was the most fabulous holiday being everything we expected and so much more.

The walking itself was the heart of the holiday. Every day was different. On a daily basis the scenery memorable. Fortunately, we have hundreds of photos to remind ourselves.

We have resolved to go back the west coast of Ireland and already Dean has made a couple of suggestions. Whatever walk we chose to do, it will be organised by Ireland Walk Hike and Bike.



**Your Adventure
Detailed Itinerary**

Our full terms and conditions can be found at www.irelandwalkhikebike.com/terms-conditions/