



**Your Hiking Adventure
Detailed Itinerary**

Ireland Walk Hike Bike

For 25 years Ireland Walk Hike Bike (IWHB) has been welcoming guests to Ireland. The realisation of a dream for company founder Linda Woods who sought to show people the “real Ireland” rather than the traditional tourism template! These ideals continue today, showing you Ireland the way we believe it should be seen: slowly, intimately and knowledgeably. Our terrific office personnel and great guides all share the same philosophy – “to take people into those hidden parts of Ireland that few know about and give people a real “taste and flavour” of Ireland the way we know and love it”.

With today's fast pace of life & the lack of “downtime”, we at IWHB take great pride in the trust our guests show in us to create great experiences for you. All of us in IWHB are committed to ensuring our fascination for Ireland, its' history, culture, diversity & humour, is part of your holiday. Ireland enjoys a relaxing pace of life; beautiful and varied scenery, with the sea never far from sight & a great selection of music at night. While in Ireland, we ask you to PLEASE take your time as you discover small sections of Ireland, for if you rush, the charm of the country and the people will pass you by. The best made plans will always change in Ireland, and your adaptability to enjoy chance encounters with friendly locals, incredible characters and the odd charismatic sheep is what will make your holiday a truly memorable experience!!



The Causeway Coast

The Causeway Coast Hike explores one of the most beautiful sections of Ireland's northern coast. Boasting the fabulous Glens of Antrim, the Giant's Causeway, fantastic castles & beautiful beaches – to say nothing of a wonderful distillery – it is a place that is a pleasure to discover.

This way-marked trail passes rugged and windswept cliffs, spectacular scenery and fabulous unspoiled beaches.

Itinerary at a Glance

Day	Activity	Overnight
1	Arrive to Ballycastle	Ballycastle
2	Orra Beg to Ballycastle Hike	Ballycastle
3	Fair Head Loop Hike	Ballycastle
4	Rathlin Island Hike	Ballycastle
5	Larrybane to Giants Causeway Hike	Bushmills
6	Bushmills to Portstewart Hike	Portstewart
7	Depart Portstewart	



Day 1

Your holiday begins on your first evening where you arrive to Ballycastle for the first of 4 nights here.

Ballycastle can be accessed by bus from Belfast changing in Coleraine.



Day 2

Orra Beg to Ballycastle Hike

Today you transfer to Orra Beg and hike north to Ballycastle, continuing on the Moyle Way. The first part of your route takes you along forest tracks and the banks of the Glenshesk River through the Breen Oakwood Nature Reserve. The next section follows along country roads with views of the Glenshesk River, Knocklayd Mountain and Coolaveely Wood. The final part of the walk is in Ballycastle Forest following a good forest path into the town of Ballycastle. Overnight at Ballycastle.

Terrain: Rocky, muddy mountain and grass tracks with some road walking. Can be wet underfoot – boots essential.

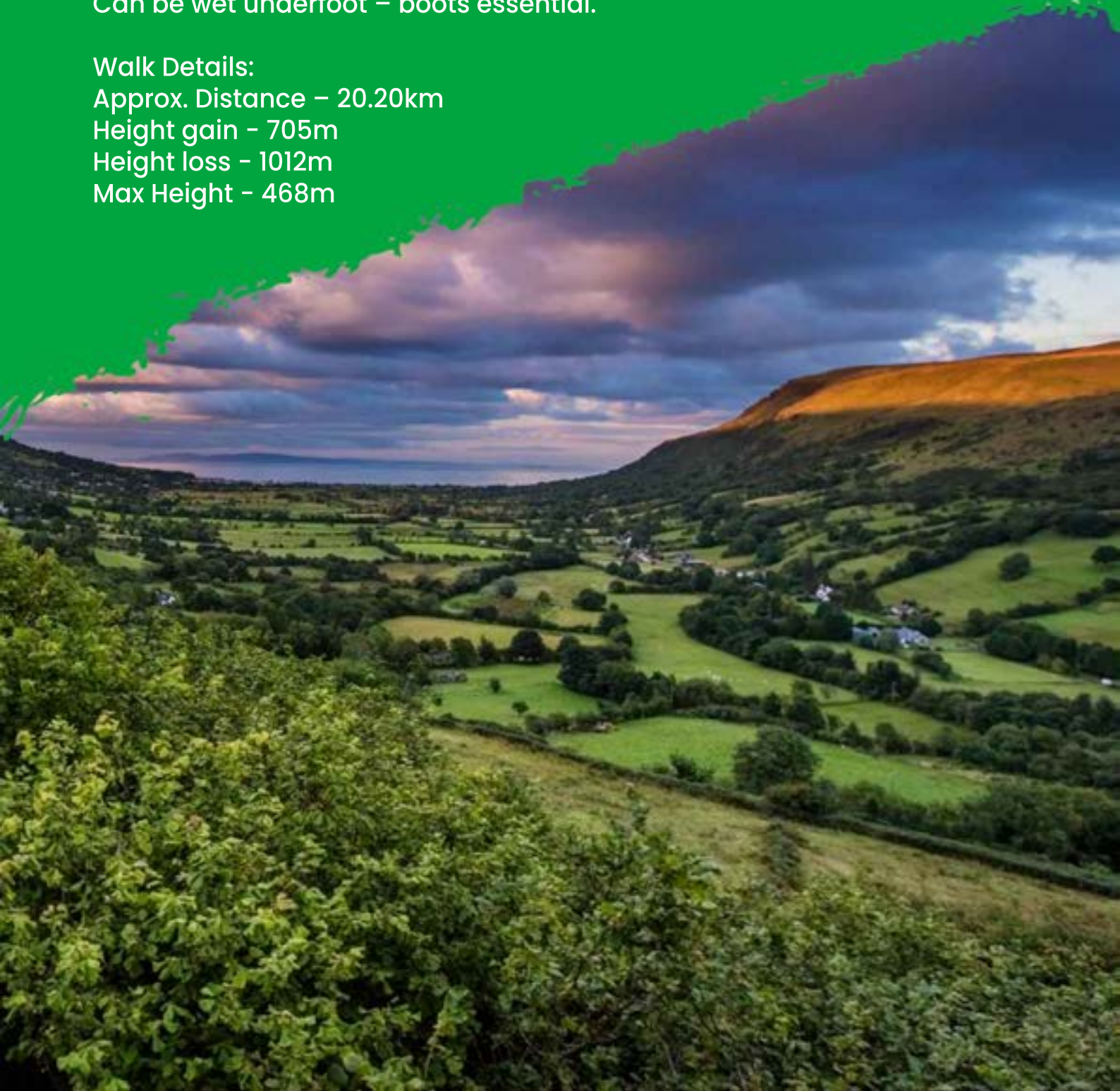
Walk Details:

Approx. Distance – 20.20km

Height gain – 705m

Height loss – 1012m

Max Height – 468m



Day 3

Fair Head Loop Hike

This hike takes you around the magnificent coastal route of Murlough Bay and Fair Head. The path hugs the coast with dramatic cliff scenery. Enjoy wonderful views across the Antrim Coast, over to Rathlin Island and Scotland beyond as you hike around this glorious headland. If it is a misty day with poor visibility, there are several looped walks from the car park at Fair Head Farm that can be enjoyed instead. Overnight in Ballycastle.

Terrain: Gravel tracks, with some road walking and some sections that can be rocky and uneven. Exposed cliff sections require care. Can be wet underfoot – boots essential.

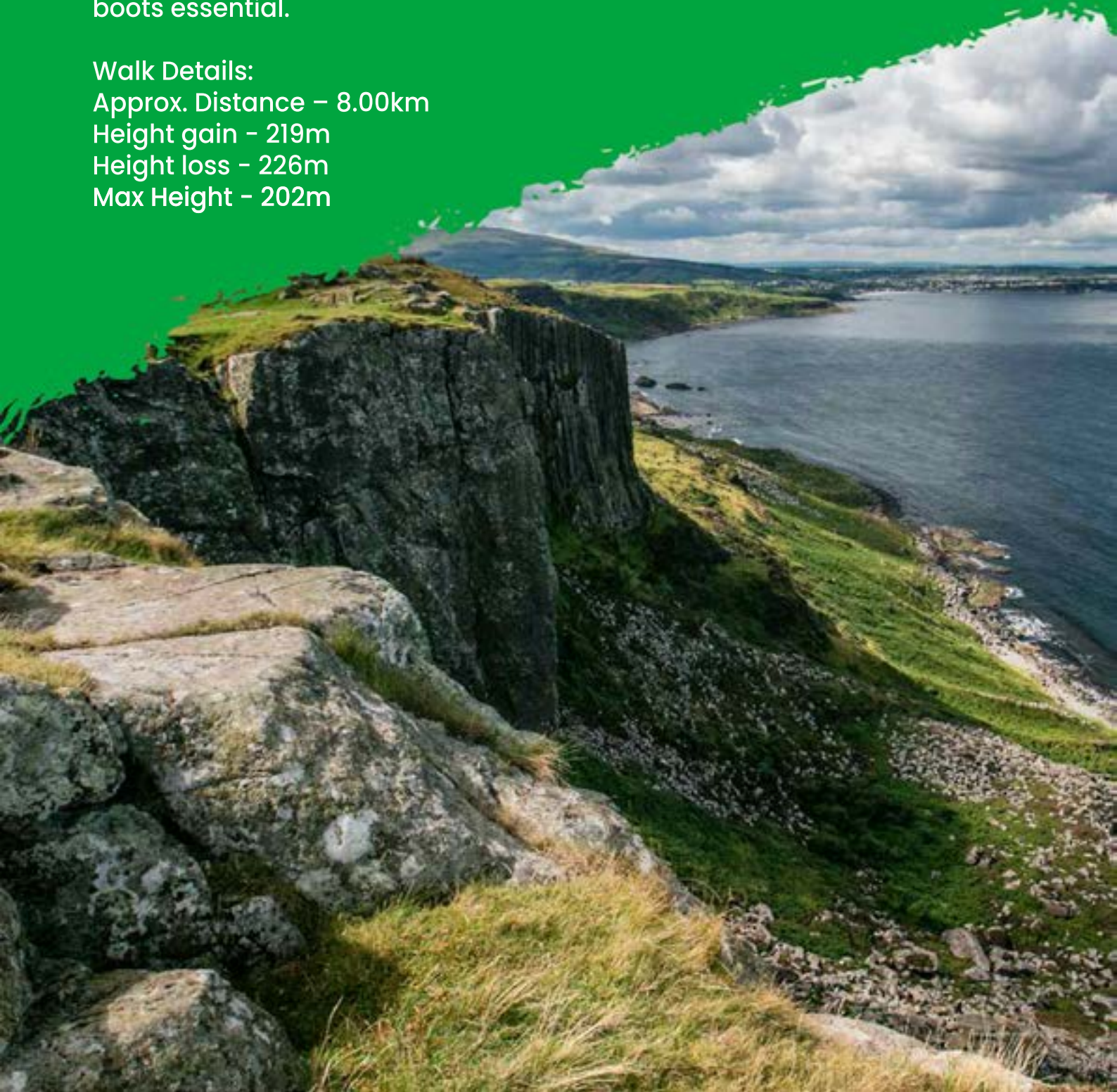
Walk Details:

Approx. Distance – 8.00km

Height gain – 219m

Height loss – 226m

Max Height – 202m



Day 4

Rathlin Island Hike

Rathlin Island is described as a hidden treasure waiting to be discovered. It is an L-shaped island with one side four miles long, the other three miles and nowhere is more than one mile wide. The island is a delight for nature lovers and you can choose between three different walks varying from 1.5 miles to 4 miles. All are well marked with coloured arrows for you to follow. From the harbour where you land onto the island, you can take a local bus to visit the Rathlin West Light Seabird Centre and explore the century old "upside down" lighthouse which is fascinating. You may also enjoy seeing puffins, guillemots and razorbills along with kittiwakes and fulmars at Europe's largest seabird colony. You can choose to walk back to the harbour or take the bus and do a different walk at the other end of the island. Overnight at Ballycastle.

Terrain: Grass tracks and road walking with some beach walking.
Boots recommended

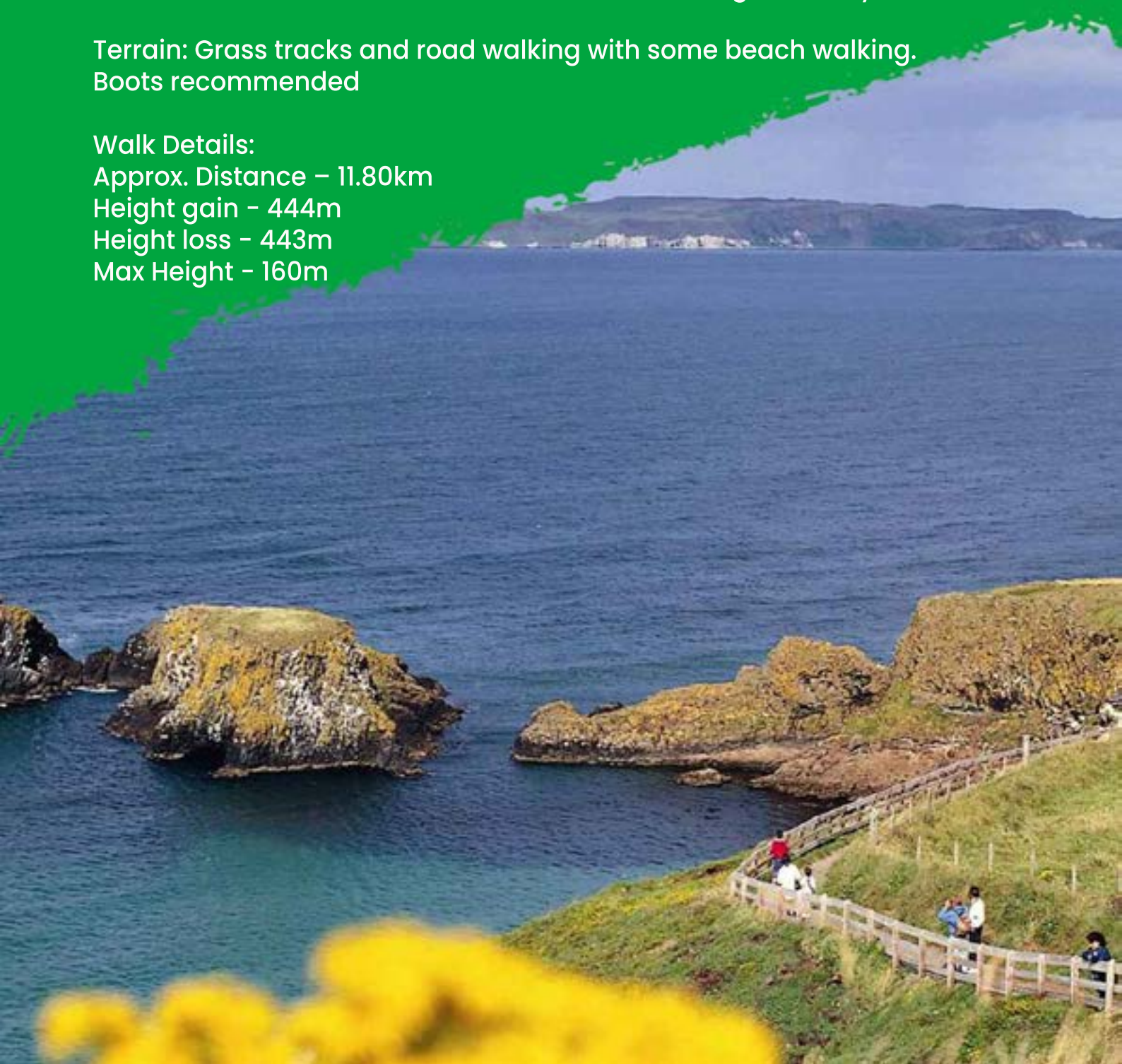
Walk Details:

Approx. Distance – 11.80km

Height gain – 444m

Height loss – 443m

Max Height – 160m



Day 5

Larrybane to Giant's Causeway Hike

Today you will be taken by taxi to Larrybane visitor centre and the famous Carrick-a-Rede rope bridge. The bridge spans an 80-foot deep chasm that brings you across to Carrick-a-Rede island and it is well worth a visit. From there, it is only a short distance by the Antrim Coastal Path to the little village of Ballintoy, a fantastic little harbour at the foot of the cliffs. Next you will come to the beautiful strand of White Park Bay and then on to Portbraddan. From here, you continue this glorious hike, passing the ruins of Dunseverick Castle and then reaching the World Heritage Site of the Giant's Causeway. From here you can take the public bus in to Bushmills for your overnight.

Terrain: Grass tracks and open cliff tops with some beach walking. Boots recommended.

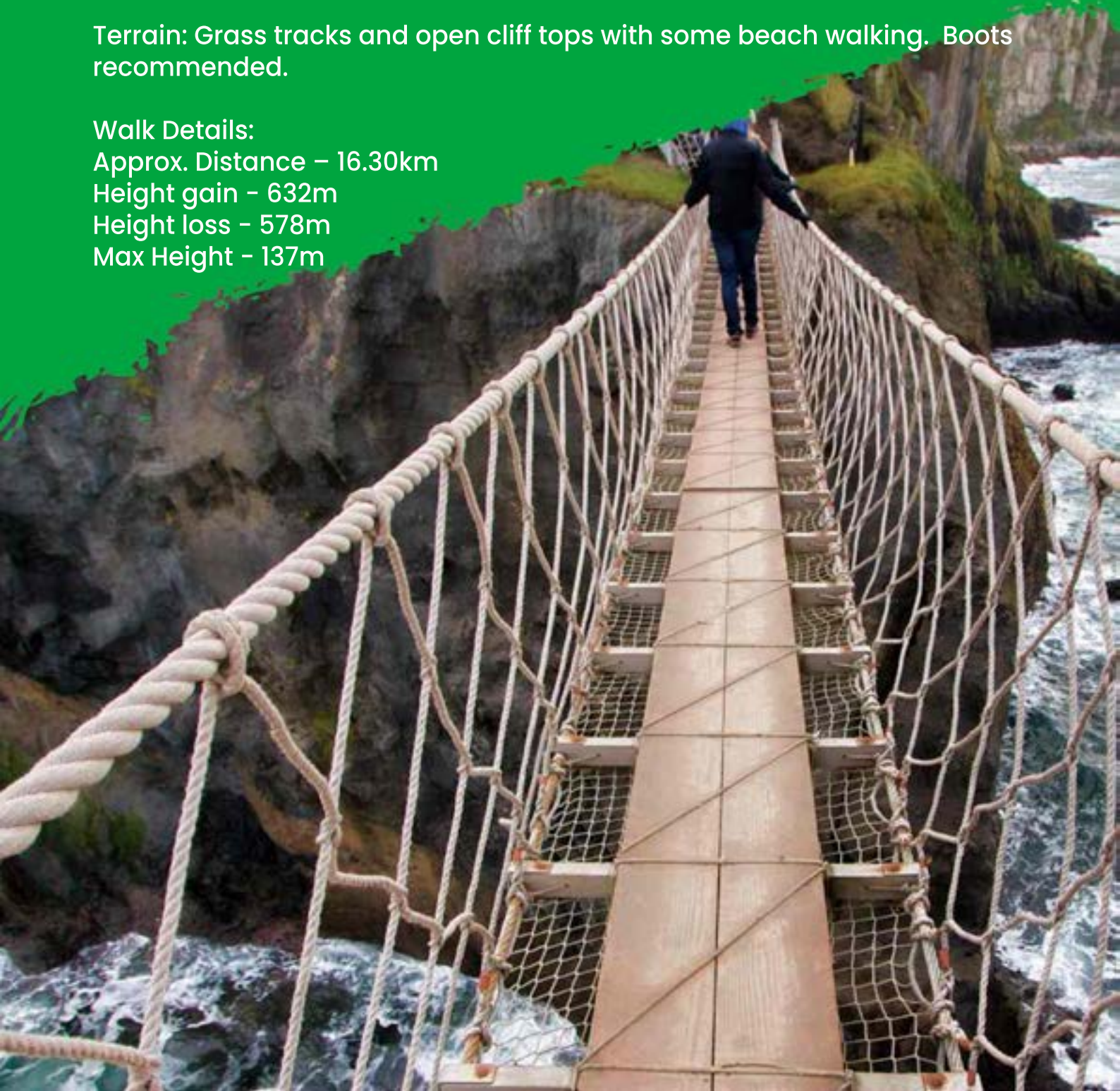
Walk Details:

Approx. Distance – 16.30km

Height gain – 632m

Height loss – 578m

Max Height – 137m



Day 6

Bushmills to Portstewart Hike

Continuing along the Antrim coastal path, today's hike passes Magheracross viewpoint and the historic Dunluce Castle, perched precariously high on a promontory overlooking the sea. Shortly after this, you come to Whiterocks beach and then a formal pathway at the far side of the beach leads you up around Ramore Head. From here, you follow the pathway until you reach Portrush harbour. Your walk continues along Mill Strand (beach) and then, following the Causeway markers, you continue along the coastline, ending at the promenade in Portstewart. Overnight at Portstewart.

Terrain: Grass tracks and road walking with some beach walking. Boots recommended.

Walk Details:

Approx. Distance – 18.90km

Height gain – 295m

Height loss – 291m

Max Height – 76m



Day 7

Depart Portstewart

After a final breakfast and farewell at Portstewart you commence your homeward journey.

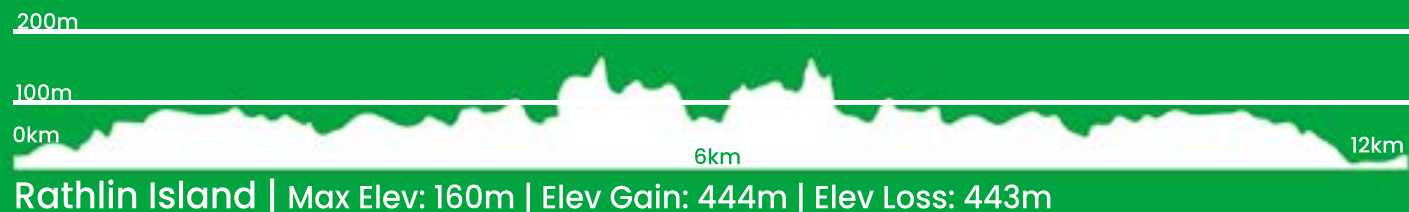
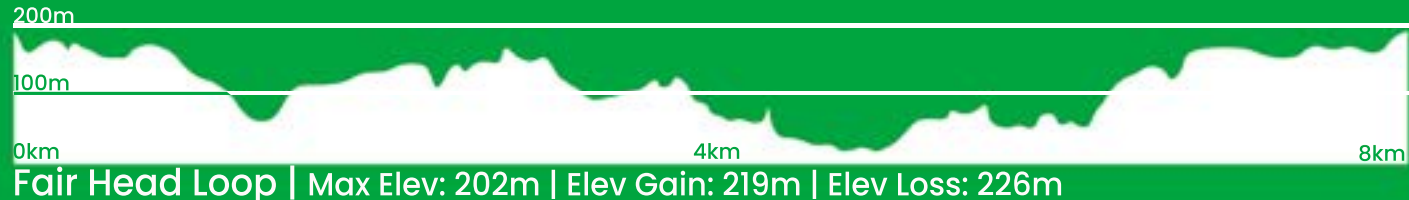
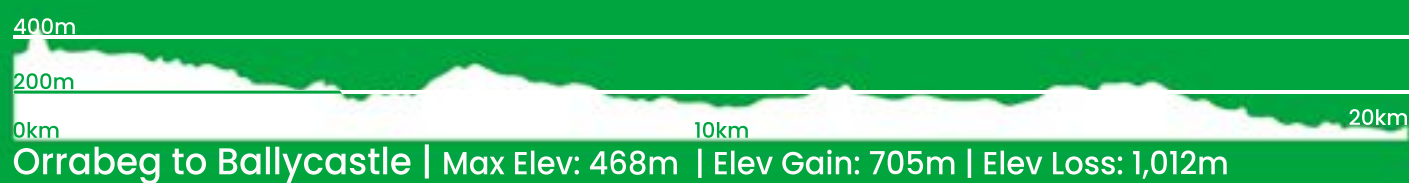
There is a bus service to Belfast from where you can make your onward connections.

Private transfers can be arranged on request.



Elevation Graphs

Please see below daily elevation graphs for your selected tour



What's Included



Stay in en-suite room at our hand-picked accommodations



Complimentary access to our app, tailor-made for your tour, containing all your documents, GPS navigation & points of interest



Delicious Breakfast each morning.



24 hour, emergency telephone support



Move your luggage as per itinerary



Detailed, easy to read, Route Notes with marked maps of each route



Extra days/ nights booking on request



Dedicated, in house, Holiday Specialist to assist with planning any additional activities, travel, airport transfers, etc.

Booking Details

ENQUIRIES

IF you have any questions about our tours, please contact our expert team on info@irelandwalkhikebike.com.

RESERVATIONS

Reservations to be made through our booking page at www.irelandwalkhikebike.com

CANCELLATIONS

Should you need to cancel, cancellation charges will be imposed. These are calculated from the day written notification is received by the company or our agent as a percentage of the total tour price, including surcharges as follows:

More than 56 days from start date: Deposit only

35 to 55 days from start date: 30%

15 to 34 days from start date: 50%

14 days to departure day: Nil Refund

ALL CANCELLATIONS MUST BE IN WRITING BY POST OR E-MAIL.

PAYMENT CONDITIONS

A deposit of €150.00 per person is required at the time of booking. Balancing payments are then required no less than 8 weeks prior to the holiday start date.

Our full terms and conditions can be found at www.irelandwalkhikebike.com/terms-conditions/

Testimonials



Mathilda, Netherlands, 2022

The people of Ireland Walk Hike Bike were extremely helpful – as much before the trip (re-arranging the schedule because of corona) as during the trip. The literally catered to all our needs. The information we got was very complete, we stayed in nice B&B's and we could always contact Francis if we had a question or a problem. I highly recommend Ireland Walk Hike Bike to anyone who wants to go to Ireland.

David, USA, 2022

We just returned from our guided tour of the Burren, Aran islands and Connemara and it was truly a wonderful experience! The communication and help from Niamh was fantastic, and our guide, Joe O'Donnell was outstanding! Very knowledgeable, and just a good person that we were lucky to get to know. All of the accommodations were also great. This was a two year wait for us due to Covid cancellations and restrictions and everyone at Ireland Walk Hike and Bike were great to work with. Highly recommend using their services if you wish for the best.

Dale, USA, 2022

My wife and I worked exclusively with the team at IrelandWalkHikeBike to arrange a 3-week private tour of Ireland's West Coast this past May, 2022. We actually had to defer the trip twice due to Covid issues and this outfit was amazingly proactive and accommodating through all of the delays. My wife and I had just turned 70 at the outset of the trip and so we wanted to include all of the transportation as I did not want to undertake driving on the "other" side of the road. In addition to all the transfers IWHB arranged all or of our hotels, ferry tickets, and e-bike rentals and provided detailed maps and instructions for all of the hikes and bike circuits. Our trip played out seamlessly, with no glitches or problems and the hotel arrangements were terrific throughout. We visited four islands and each one was a unique adventure. The hikes in Connemara were beautiful and the biking around the Dingle peninsula, Clifden and Westport fantastic. Our drivers were super friendly and knowledgeable. Considering all of this, we thought the cost of the trip was eminently reasonable. Highly recommended!

Russ, UK, 2021

My wife, daughter, her partner and myself have recently returned home after a 7-day self-guided walk of the Dingle Way organised by Ireland Walk Hike and Bike. It was the most fabulous holiday being everything we expected and so much more.

The walking itself was the heart of the holiday. Every day was different. On a daily basis the scenery memorable. Fortunately, we have hundreds of photos to remind ourselves.

We have resolved to go back the west coast of Ireland and already Dean has made a couple of suggestions. Whatever walk we chose to do, it will be organised by Ireland Walk Hike and Bike.



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